



The Messenger

South Mandurah Uniting Church's Weekly Newsletter

**Welcome to our Sunday Service of worship,
commencing at 9-30am every Sunday**

Pentecost 6 9 July 2023



Pentecost 7 16 July 2023

Welcome: Keith & Jaren Picking
 Flowers: Judy Law
 Coffee/Tea: Sherryl Smith & Frances Davy
 Reader: Frances Davy
 Kids Church: Julie Lehmann
 Church Rep: Sherryl Smith
 Worship Leader: Yoy Alberastine
 Speaker: Rev. Mike Fawcett
 (Communion)

Welcome: John & Sue Lawrence
 Flowers: Jan Gibson
 Coffee/Tea: Judy Law & Rosemary Sharpe
 Reader: Andrew Gibson
 Kids Church: Raelyn Punch
 Church Rep: Raelyn Punch
 Worship Leader: Jenni Anderson
 Speaker: Piet Speyers



Readings from the Lectionary

Gen 24:34-38, 42-49, 58-67
 Ps 47:10-17 or Song Sol 2:8-13
 Rom 7:15-25a
 Mt 11:16-19, 25-30

Gen 25:19-34
 Ps 119:105-112
 Rom 8:1-11
 Mt 13:1-9, 18-23



South Mandurah Uniting Church

2-4 Rees Place Wannanup
 PO Box 5290 FALCON WA 6210

Website: <https://southmandurahuc.org>

For pastoral needs please contact Rev. Mike Fawcett M: 0412 243 677

E: fawcettmichael176@gmail.com

Or any member of the Leadership Team

Pastor: Yoy Alberastine M: 0421 793 562 E: yoyea1210@gmail.com

Leadership Team Chair: Raelyn Punch 0429 685 908 E: prpunch@lasar.net.au
 Editor of the Messenger: Peter Punch 0427 685 908 E: prpunch@lasar.net.au
 Prayer Circle Leader: Frances Davy 0488 906 280 E: 2davyfamily@gmail.com

Members of the Leadership Team: Raelyn Punch, Jenni Anderson (Secretary),
 Sherryl Smith & Andrew Telfer

Halls Head Bendigo Bank details for electronic transfers:

A/C Name: Uniting Church in Australia-South Mandurah Congregation
 BSB: 633-000 A/C No: 117072207

It is optional whether you include your name as a reference for the payment.



Our Vision: "United in Christ we reach out to build loving relationships that deepen faith and enrich lives."

When You Are Weary

There is a wonderful legend concerning the quiet years of Jesus, the years prior to his visible ministry. The legend claims that Jesus the carpenter was one of the master yoke-makers in the Nazareth area. People came from miles around for a yoke, hand carved and crafted by Jesus son of Joseph.



When customers arrived with their team of oxen Jesus would spend considerable time measuring the team, their height, the width, the space between them, and the size of their shoulders. Within a week, the team would be brought back and he would carefully place the newly made yoke over the shoulders, watching for rough places, smoothing out the edges and fitting them perfectly to this particular team of oxen. The yoke keeps the animals facing in the same direction—forward. The yoke helps them to share the weight of the load. and the yoke keeps them walking in step with each other

That's the yoke Jesus invites us to take. Do not be misled by the word "easy," for its root word in Greek speaks directly of the tailor-made yokes: they were "well-fitting." The yoke Jesus invites us to take, the yoke that brings rest to weary souls, is one that is made exactly to our lives and hearts. The yoke he invites us to wear fits us well, does not rub us nor cause us to develop sore spirits and is designed for two. His yokes were always designed for two. And our yoke-partner is none other than Christ himself.

Running throughout all scripture from the beginning to the end is the theme that ours is a burden bearing Christ. He is not just a Lord whom we burden, and we do, but a Lord who actually solicits our burdens. It is Christ who frees us. We have His assurance that we are never alone and He offers us the strength to carry our burdens, regardless of the challenges which life throws at us. We can be sure that He offers us His peace, not only at the end of our lives but throughout them because we know that he will not burden us with more than we can manage, and He will share the burden with us.

www.sermons.com (Edited)

If God Knows I'm Worth It

There was a nurse who served faithfully in an isolated clinic in Leonora, in outback Western Australia. A doctor from Kalgoorlie came out to the clinic one day per week. He noticed how the nurse, who was only part time, worked many more hours than she was paid for, and gave far more of herself than anyone could expect. As he knew how little she was being paid, one day he said to her, "Nurse, why don't you get out of this backward, isolated community and go where you can earn a good salary? God knows you are worth it." With a smile, she answered kindly, "If God knows I'm worth it, that's what really matters to me."

God knows how much you are worth; don't ever let anybody's criticism make you forget it.

Bill Bouknight, Collected Sermons, www.Sermons.com (Edited)

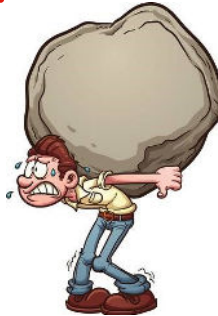


Did You Use All Your Strength?

There is an old story about a little boy who was helping his dad with work in their back yard.. Dad asked him to pick up the rocks in a certain area of the yard. A short time later his dad looked over and saw his son struggling to pull up a huge rock buried in the dirt. The little boy struggled and struggled while Dad watched. Finally, the boy gave up and said, "I can't do it." His dad asked, "Did you use all of your strength?" The little boy looked hurt and said, "Of course I did. I used every ounce of strength I have." The father smiled and said, "No you didn't. You didn't ask me to help." The father walked over and then the two of them pulled that big rock out of the dirt.

One of the great Biblical truths may seem like a contradiction, which is that our freedom comes through being yoked with Christ.

Billy D. Strayhorn, *Freedom through the Yoke* (Edited)



Saturday with Yoy!

Yoy will be at our church the first and second Saturday of every month from 9am to midday or by appointment in the afternoons. Please drop in to share a time of prayer with Yoy, or for a chat or a more in depth conversation over a cup of coffee. If you want to make an appointment for a confidential meeting with Yoy on Saturday afternoons between midday and 3pm, he can be contacted via email: yoyea1210@gmail.com or M: 0421 793 562.



Ladies Luncheon

Ladies, bring your friends to a luncheon to enjoy great food, wonderful conversation and to farewell Robyn Speyers. The luncheon will be held at:

The Cut Tavern Bar & Bistro
8 Rod Court Wannanup,
commencing at midday, Wednesday 23rd August.

Attendees will be invited to donate \$5 each, with the money raised to go to the WA Cancer Council.



Please RSVP as soon as possible to Robyn at crspeyers@gmail.com so that she can ensure seating. Closing date for the RSVP is Wednesday 16th August, but please don't leave it to the last minute.

A Morning Prayer of Gratitude for The Blessings Received

Heavenly Father,

I thank you for all the blessings that you have given me. Lord God, I thank you for having poured your unconditional love deep into my soul. Thank you for your amazing power and for being the strong tower as you stand strong for my fragile earthly life. I thank you for the gifts of wisdom and courage, Lord, for these two enable me to have power against all the problems that I face today and to give glory to your mighty name and kingdom.

Lord, in my prayers for today, I ask for your forgiveness for the sins that I have committed in the past and ask that you help me not to sin again. O Lord, guide me so that I may traverse the path that points only your way. Grant me a cheerful spirit when situations don't go my way.

You, o Lord, are my tangible reminder today that my own careless thoughts are nothing compared to your steadfast love and wisdom. Lord, I will forever remember you and the perfect peace that you have brought into my life.

These are my prayers for today, and I offer them in Jesus' name. Amen.

www.biblekeeper.com/prayers-for-today/ (Edited)



Pastoral Care

For pastoral care or spiritual guidance please contact:

Rev. Mike Fawcett

M: 0412 243 677

E: fawcettmichael176@gmail.com

OR Any member of the leadership team (their names are overleaf)



Food Drive

Please keep putting your non-perishable food donations in the box in the church foyer as there are many people who still need our help. For more information please contact Sherryl Smith M: 0409 305 910 or E: sherrylsa60@gmail.com



A very warm welcome is extended to any visitors. We trust that you will be blessed during this time of worship and invite you to fellowship with us after the service.

