



The Messenger

South Mandurah Uniting Church's Weekly Newsletter

Welcome to our Sunday Service of worship,
commencing at **9-30am** every Sunday

Pentecost 21

13 October 2024



Welcome: Keith & Jaren Picking
Flowers: Jan Gibson
Coffee/Tea: Cynthia Falconer & Pauline Terblanche
Reader: Andrew Gibson
Kids Church: TBA
Music: Jan Gibson
Church Rep: TBA
Worship Leader: Frances Davy
Speaker: Piet Speyers

Pentecost 22

20 October 2024

Welcome: Rosie Sharp & Judy Law
Flowers: Flowers kindly donated
Coffee/Tea: Peter & Cath Salisbury
Reader: Andrew Telfer
Kids Church: Judy Smith
Music: Jim McWhinnie
Church Rep: Andrew Telfer
Worship Leader: Andrew Telfer
Speaker: Frances Davy



Readings from the Lectionary

Jb 23:1-9, 16-17
Ps 22:1-15
Heb 4:12-16
Mk 10:17-31

Jb 38:1-7, (34-41)
Ps 104:1-9, 24, 35c
Heb 5:1-10
Mk 10:35-45



South Mandurah Uniting Church

2-4 Rees Place Wannanup
PO Box 5290 FALCON WA 6210

Website: <https://southmandurah.ucwa.au>

Email: sthmandurahuniting@gmail.com

Phone: 0428 439 756

For pastoral needs please contact Rev. Mike Fawcett M: 0412 243 677

E: fawcettmichael176@gmail.com

Pastor: Yoy Alberastine M: 0421 793 562 E: yoyea1210@gmail.com

Leadership Team Chair: Rev. Mike Fawcett

Editor of the Messenger: Peter Punch 0427 685 908 E: prpunch@lasar.net.au

Prayer Circle Leader: Frances Davy 0488 906 280 E: 2davyfamily@gmail.com

Members of the Leadership Team: Rev. Mike Fawcett, Ps. Yoy Alberastine, Kerry Lawson, Sherryl Smith, Andrew Telfer & Raelyn Punch

Halls Head Bendigo Bank details for electronic transfers:

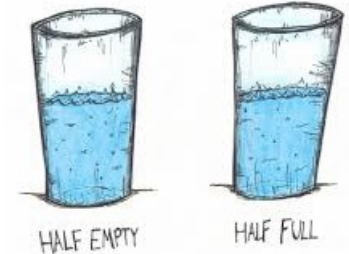
A/C Name: Uniting Church in Australia-South Mandurah Congregation
BSB: 633-000 A/C No: 117072207

It is optional whether you include your name as a reference for the payment.



The Possibility Mindset

Are you a glass half full person or a glass half empty person? Are you a pessimist or an optimist? Do you look at your life and the world with resignation and see hopeless problems everywhere you look? Or do you look at your life and the world with rose coloured glasses, refusing to acknowledge any problems at all, so that you can maintain your feelings of contentment and happiness?



Whether we resign ourselves to the situations we find ourselves in or spend the bulk of our time “managing” life –both still leave us with a “closed system” outlook. Both reveal a “status quo” kind of thinking.

Spirituality, business, and self-help guru, Jay Shetty, says, our outlook on life doesn't need to be that black or white –or that predictable. In fact, we have a third option. He calls it the “Possibility Mindset.” Jumping off of ideas from “possibility thinking,” first popular in the 1990s, Shetty says, a mind open to multiple possibilities acknowledges problems or negatives but rather than resigning to them or ignoring them, sees instead a myriad of possible outcomes or scenarios. We might simply call it cultivating an “open mind.” Or better, “thinking outside of the box.”

Thinking outside of the box means we first have to identify our boxes, break them open, and then step outside of them in order to get a different perspective on life and the world. It sounds simple in theory. It's not so simple in practice for most of us. Why? It's due to our very human failings of bias and preconceptions, many of which are based on past experience, or from the opinions of our friends or parents. It is challenging for many to change their opinion, and the older we get the more fixed those opinions are and the more reluctant we are to adopt change; especially if it involves personal discomfort. To truly open our mind to Jesus, we must accept the challenge to set aside the learnings from our past life and, through the teachings of Jesus, let our faith and the gospels direct our future.

[Sermons.com](https://www.sermons.com) (Edited)



Our Vision: "United in Christ we reach out to build loving relationships that deepen faith and enrich lives."

Christmas Appeal—Toys for Prison

Many, if not all of you, will remember our church collecting toys for the children of fathers who are in prison for the past 2 years. Tony McAlinden, who is the coordinator and has spoken at our church previously has asked for the following message to be included in our newsletter:



"Greetings Everyone,

Gratitude for your generous donation of toys last year. These gifts were most appreciated by the prisoners who were able to have a present for their children when they came to visit. Overall it contributed to bonding and love for both adult, child and extended family.

This year we request toys for 10 year olds and younger. For toys to be gifted we request they be in extremely good condition or preferably new."

As previously, a box will be placed in the church forum where you can place the presents. For more information please contact Peter or Raelyn Punch
E: prpunch@lasar.net.au

The Freedom to Sing

The French have a story about a millionaire in his palace who spent his days counting his gold. Beside the palace was a poor cobbler who spent his days singing as he repaired people's shoes. The joyful singing irritated the rich man. One day he decided to give some gold coins to the cobbler. At first the cobbler was overjoyed, and he took the coins and hid them. But then he would be worried and go back to check if the coins were still there. Then he would be worried in case someone had seen him, and he would move the coins and hide them in another place. During all this, he ceased to sing. Then one day he realized that he had ceased to sing because of the gold coins. He took them back to the rich man and said, "take back your coins and give me back my songs."



Gerry Pierse, Detachment and Freedom



A very warm welcome is extended to any visitors. We trust that you will be blessed during this time of worship and invite you to fellowship with us



Special prayer requests this week...



This week we continue to offer prayers for Yoy and Anita Alberastine, Grace Richards, and for their respective families. We pray that they continue to recover from their illnesses and that in the not to distant future they're well enough to join us in praise of our Lord at South Mandurah. We offer prayers too for the medical staff caring for all those who are injured or unwell, asking that you bless them and guide them as they care for their patients.

Lord, we ask for your hand of healing, love, and support, to be upon these your children, as they seek You in their time of need. We lift each and every one of them up to you, through Christ our risen Saviour. Amen



Pink Ribbon Morning Tea

Tuesday 22nd October

at the Church from 9.30am

ALL WELCOME

Entry: \$15.00

Raffles, auctions etc.

All funds raised going to Cancer Council WA

For more information please contact Sue Lawrence

E: jslaw1@bigpond.com M: 0438 029 530

Roster Changes

Due to unavoidable circumstances, communion will not be held this Sunday and instead will be on Sunday 27th October.

There have also been a number of changes to the Enablers' List due to people on holidays and Pastor Yoy being unwell. An amended Enablers' List will be circulated very soon. In the meantime, volunteers are sought to help with Sunday School. Please contact Peter Punch if you would like to help E: prpunch@lasar.net.au



Your Messenger

If you are not receiving this Newsletter by email and wish to do so, please contact Peter at: prpunch@lasar.net.au

Any articles, notices or prayer requests for the Messenger should be emailed to Peter no later than **5pm Wednesdays**

Thank you



Coralie Telfer Thursday 17 October
*God Bless and warm wishes
To you upon your birthday*